



SWEDISH ATHLETICS



UPSALA IF
friidrott

Dansk Atletik Forbund
Eesti Kerjeõustikuliit
Suomen Urheiluliitto
Frjálsíþrottasambands Íslands
Norges Fri-idrettsforbund
Svenska Friidrottsförbundet

Uppsala 26/04/2019

Welcome to Uppsala and the Nordic Junior & Youth Championships in Combined Events and the Estonia–Finland–Sweden Match in Combined Events 2019

We have the pleasure of inviting all of our Nordic and Baltic friends to the annual Nordic Junior & Youth Championships in Combined Events in Uppsala, Sweden, 8th–9th June 2019.

Programme, EST-FIN-SWE Match

Men, decathlon

Women, heptathlon

Entries, EST-FIN-SWE Match

Each country may enter a maximum of four decathletes and four heptathletes. Team results will be calculated on top three athletes from each team.

Programme, NJCCE

Men U23, decathlon

Women U23, heptathlon

Men U20, decathlon

Women U20, heptathlon

Men U18, decathlon

Women U18, heptathlon

Entries, NJCCE

Each Nordic country may enter a team consisting of a maximum of three participants in each of the six events in the programme. The host country has the right to one wild card entry in each event. These wild card athletes are official participants in the championships.

Extra participants

Extra participants are accepted. The extra participants cannot win Nordic Championships or medals.

Deadlines

The deadline for **preliminary entries is 3rd May**. An estimated number of athletes and team officials from each country, as well as preliminary arrival and departure times for the team, shall be sent to tord@uiffriidrott.se.

The deadline for **final entries, and reservation of hotel rooms for athletes and team officials, is 29th May**. The final entries, including names of all competitors and team officials, and confirmed arrival and departure times for the team, shall be sent to tord@uiffriidrott.se.

Swedish Athletic Association

Heliosgatan 3, SE-120 30 Stockholm, Sweden

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Accommodation and transportation

We offer full accommodation for **SEK 1700** (in twin rooms), **SEK 2300** (in single rooms) per person at Arenahotellet.

The offer includes two nights (Friday–Sunday) at Arenahotellet and the following meals:

- Dinner (at IFU Arena), Friday & Saturday
- Breakfast (at Arenahotellet), Saturday & Sunday
- Lunch (at IFU Arena), Saturday & Sunday

The offer also includes **ONE** return journey per team (Airport or Ferry Terminal – Hotel – Airport or Ferry Terminal).

Additional accommodation and transportation can be arranged upon request, but is not included in the offer above.

Contact Information

Local organizer

Upsala IF

Tord Hallberg

tord@uiffriidrott.se

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Host federation

Swedish Athletic Association

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Yours sincerely

Daniel Bergin

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Swedish Athletic Association

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